

Baked fruit with honey

ADAPTED FROM BRIGETTE HAFNER RECIPE



Baked fruit with honey *Photo: Marina Oliphant*

I like to use what is in season. Stone fruit, pears and grapes are lovely together; add dates and toasted nuts. It's a loose dish.

Ingredients

6 pieces of stone fruit (peaches, nectarines and/or plums)
2 pears
2 cinnamon quills
Juice of 1 orange and zest of ½ orange
⅓ cup raw honey
1 tbsp brown sugar

Method

Preheat oven to 200C.
Cut fruit thinly and place in a baking tray with the cinnamon, orange juice and zest.
Drizzle with honey and sprinkle with sugar.

Bake until golden (about 20-25 minutes) and serve with yoghurt, ice-cream or custard. This is really good cold the next day on muesli.