

## Honey lemonade

ADAPTED FROM TONY CHIODO RECIPE



Raw Honey Lemonade Photo: Eddie Jim

**For a morning tonic, drink lemon juice mixed with warm water and raw honey as a throat soother and vitamin C hit.**

### **Ingredients**

6 cups water

1 cup raw honey

$\frac{3}{4}$  cup lemon juice

### **Method**

In a pan, bring the water to the boil. Pour in the honey and dissolve, turn the heat off. When cooler, pour in the lemon juice. Refrigerate.